



SELF-GUIDED  
**MOUNTAIN BIKE  
TOURS**

Our tours are perfect for the adventure seekers wanting to experience the beauty of our unique landscape in this exhilarating way.

With top-of-the-line equipment designed for optimal performance and comfort, riders of

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3 WARNER ST PORT DOUGLAS  
(just behind COLES)

07 4099 5799  
bikeshopandhire.com



SELF-GUIDED  
**MOUNTAIN BIKE  
TOURS**

Experience the adventure of exploring the rainforest mountains on our **full suspension bikes and e-bikes.**

- ▶ SELF-PACED. DON'T FEEL RUSHED OR HELD-BACK BY OTHER PARTICIPANTS
- ▶ VARIABLE ROUTES BASED ON YOUR PREFERENCES AND TIMINGS
- ▶ ENHANCED SENSE OF ADVENTURE & FREEDOM
- ▶ ATTRACTIVE PRICING
- ▶ BE YOUR OWN TOUR GUIDE!



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## NINE-MILE & BUMP TRACK



**3 HRS OR MORE at your leisure**  
**MINIMUM DISTANCE :** 30km (2.5 - 3.5 hrs)  
**TECHNICAL DIFCULTY :** Easy to Intermediate (2km steep descent)  
**PHYSICAL DIFCULTY :** Easy to intermediate

**GREAT FOR FAMILIES, GROUPS & COUPLES.**

- ▶ Rainforest Single Track
- ▶ Bump Track 2 km Descent
- ▶ Rainforest, Reef & Mountain Views

## MOWBRAY FALLS & BUMP TRACK



**4 HRS OR MORE at your leisure**  
**MINIMUM DISTANCE :** 45km (3.5 - 4.5 hrs)  
**TECHNICAL DIFCULTY :** Intermediate (2km steep descent)  
**PHYSICAL DIFCULTY :** Easy to Intermediate

**COMBINATION BIKE & HIKE ROUTE**

- ▶ Rainforest MTB and Hike
- ▶ Waterfall views and rock pools
- ▶ Rainforest Single Track
- ▶ Bump Track 2km Descent

## HARTLEYS FALLS & BUMP TRACK



**4 HRS OR MORE at your leisure**  
**MINIMUM DISTANCE :** 45km (3.5 - 4.5 hrs)  
**TECHNICAL DIFCULTY :** Intermediate  
**PHYSICAL DIFCULTY :** Hard (unless on e-bike)

**GREAT FOR E-BIKES OR A PHYSICAL CHALLENGE ON A STANDARD BIKE**

- ▶ Secluded swim under Hartleys Falls
- ▶ Challenging climbs (unless on e-bike)
- ▶ Rainforest Single Track
- ▶ Bump Track 2km Descent

 **Your safety is our first priority**

All bikes are serviced regularly and inspected by trained bike mechanics after every ride

All riders are provided with certified MTB helmets, gloves and emergency pack.

All groups are provided with a GPS guidance device for the trails as well as paper-based maps



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